

## Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education  
 Grade Range: 7  
 Section/Heading: 7A.1

Strand: Prayer and Spirituality

Diocesan Standard	Benchmark Statement	
Prayer and Spirituality	Develop a positive, Catholic spirituality.	
Performance Indicators		
<ol style="list-style-type: none"> <li>1. Come to an awareness that spirituality involves surrendering to God.</li> <li>2. Realize that Catholic spirituality is incarnational, that is, grounded in everyday human experiences.</li> <li>3. Make the connection between reading Scripture and spirituality.</li> <li>4. Realize that the practice of prayer is important to spiritual growth.</li> </ol>		
Suggested Activities	Assessment	Resources

## Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education  
 Grade Range: 7  
 Section/Heading: 7A.2

Strand: Prayer and Spirituality

Diocesan Standard	Benchmark Statement
Prayer and Spirituality	Understand the meaning and importance of prayer in the Christian life.

Performance Indicators
<ol style="list-style-type: none"> <li>1. Discuss prayer as essential to conversion and growth in the Christian life.</li> <li>2. Understand how prayer is core to our relationship with God.</li> <li>3. Identify prayer as a response to the constant activity of the Spirit in our lives.</li> <li>4. Outline the steps in the development of personal prayer life.</li> </ol>

Suggested Activities	Assessment	Resources

## Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education  
 Grade Range: 7  
 Section/Heading: 7A.3

Strand: Prayer and Spirituality

Diocesan Standard	Benchmark Statement	
Prayer and Spirituality	Be familiar with Catholic tradition of prayer.	
Performance Indicators		
1. Learn about diverse expressions of prayer within Catholic tradition – such as meditation, contemplation, centering prayer and biblical prayer. 2. Explore a variety of prayer experiences centered on seasonal themes and/or special feast days.		
Suggested Activities	Assessment	Resources

## Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education  
 Grade Range: 7  
 Section/Heading: 7B.1

Strand: Liturgy/Sacrament

Diocesan Standard	Benchmark Statement	
Liturgy/Sacrament	Celebrate the sacraments with understanding and awareness.	
Performance Indicators		
<ol style="list-style-type: none"> <li>1. Talk about how the Holy Spirit is present in and works through the sacraments.</li> <li>2. Trace how the seven ritual Sacraments are rooted in scripture.</li> <li>3. Connect sacramental actions of the Church with Jewish rituals.</li> <li>4. Examine how the sacred is experienced in sacramental symbols and rituals.</li> <li>5. Talk about how sacraments celebrate a spiritual reality in the life of believers.</li> </ol>		
Suggested Activities	Assessment	Resources

## Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education  
 Grade Range: 7  
 Section/Heading: 7B.2

Strand: Liturgy/Sacraments

Diocesan Standard	Benchmark Statement	
Liturgy/Sacraments	Become more deeply aware of the meaning of the Eucharist.	
Performance Indicators		
<ol style="list-style-type: none"> <li>1. Discuss how Eucharist is about belonging and sharing a meal, about building community and going forth to build a better world.</li> <li>2. Describe how the Eucharist is sacrifice.</li> <li>3. Identify how we celebrate the sacrifice of Christ at Eucharist.</li> <li>4. Describe the various ways Jesus is present in the Eucharistic – in the people gathered, in the Word</li> <li>5. Proclaimed, in the consecrated bread and wine and in the person of the priest.</li> <li>6. Come to a deeper understanding of the real presence of Christ in Eucharist.</li> </ol>		
Suggested Activities	Assessment	Resources

## Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education  
 Grade Range: 7  
 Section/Heading: 7B.3

Strand: Liturgy/Sacrament

Diocesan Standard	Benchmark Statement
Liturgy/Sacrament	Understand liturgy and the liturgical year as central to the Church’s life of worship.

Performance Indicators
<ol style="list-style-type: none"> <li>1. Understand that conversion is central to the season of Lent.</li> <li>2. Help to plan ways to celebrate specific seasons and feast days such as Advent, Christmas, Lent, Easter, Pentecost, and all Saints.</li> <li>3. Be aware that the Divine Office is part of the Church’s liturgical prayer.</li> <li>4. Understand that through liturgy the Holy Spirit makes salvation present to us.</li> </ol>

Suggested Activities	Assessment	Resources

## Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education  
 Grade Range: 7  
 Section/Heading: 7B.4

Strand: Liturgy/Sacrament

Strand	Benchmark Statement	
Liturgy/Sacraments	Deepen awareness and understanding of the sacraments as central to Catholic spirituality and community life.	
Performance Indicators		
<ol style="list-style-type: none"> <li>1. Understand Baptism as a call to enter into the dying and rising of Jesus, an ongoing journey of conversion.</li> <li>2. Summarize how adults are initiated into the Church through the catechumenate.</li> <li>3. Discuss the history of the Sacraments of Healing – Reconciliation and Anointing.</li> <li>4. Understand why we confess our sins to the priest in the Sacrament of Reconciliation.</li> <li>5. Discuss the sacrament of Anointing of the Sick as an opportunity to bring Jesus’ healing comfort and strength to those who are seriously ill, elderly or in danger of death.</li> <li>6. Discuss and explore service options in the community in response to the Christian call.</li> <li>7. Describe the Sacraments of Marriage and Holy orders as Sacrament of Vocation.</li> </ol>		
Suggested Activities	Assessment	Resources

## Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education  
 Grade Range: 7  
 Section/Heading: 7C.1

Strand: Morality and the Christian Life

Diocesan Standard	Benchmark Statement	
Morality and the Christian Life	Understand the nature and scope of Catholic morality.	
Performance Indicators		
<ol style="list-style-type: none"> <li>1. Explain the process involved in developing an informed moral conscience.</li> <li>2. Describe how God’s grace helps us to live a moral life.</li> <li>3. Explain sin as an attitude that is rooted in a fundamental selfishness.</li> <li>4. Talk about how one’s moral decisions are consistent with Church teachings.</li> <li>5. Identify Christian service as essential to Catholic moral life.</li> <li>6. Study lives of saints as models of Catholic morality.</li> <li>7. Talk about the reality of sin and its consequences on the person and the world.</li> <li>8. Discuss that our freedom involves responsibility and sacrifice of our own needs and wants for the common good.</li> <li>9. Identify virtues as habits which Christians try to develop in order to live a moral life.</li> </ol>		
Suggested Activities	Assessment	Resources

## Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education  
 Grade Range: 7  
 Section/Heading: 7C.2

Strand: Morality and the Christian Life

Diocesan Standard	Benchmark Statement
Morality and the Christian Life	Understand that Scripture is the basis for Catholic morality.

Performance Indicators		
<ol style="list-style-type: none"> <li>1. Recognize how the prophets continually reminded the people to be faithful to the covenant with God.</li> <li>2. Know how the prophets called the Israelites to justice, true worship, and option for the poor.</li> <li>3. Explain the moral vision of Jesus as highlighted in the Sermon on the Mount (Mathew 5-7)</li> <li>4. Understand that Jesus’ teaching about the Kingdom of God is central to his moral vision.</li> <li>5. Talk about Jesus parables as stories that challenge us to see and live in a new way.</li> <li>6. Understand that the reign of God is happening when people live together in justice, peace, forgiveness and compassion.</li> </ol>		
Suggested Activities	Assessment	Resources

## Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education  
 Grade Range: 7  
 Section/Heading: 7C.3

Strand: Morality and the Christian Life

Diocesan Standard	Benchmark Statement
Morality and the Christian Life	Learn to make good moral decisions.

Performance Indicators
<ol style="list-style-type: none"> <li>1. Discuss how to make moral decisions in the light of Church teachings.</li> <li>2. Be aware of the importance of basing moral decisions on Catholic values and principles.</li> <li>3. Know the difference between subjective and objective morality.</li> <li>4. Know that moral decisions should not be based on feelings.</li> <li>5. Talk about how to overcome peer pressure.</li> </ol>

Suggested Activities	Assessment	Resources

## Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education  
 Grade Range: 7  
 Section/Heading: 7C.4

Strand: Morality and the Christian Life

Diocesan Standard	Benchmark Statement	
Morality and the Christian Life	Understand and apply the moral principles of love and social justice.	
Performance Indicators		
<ol style="list-style-type: none"> <li>1. Discuss how greed, insensitivity and carelessness abuse the gift of creation.</li> <li>2. Talk about ways of renewing the earth.</li> <li>3. Describe the Christian response to violence.</li> <li>4. Brainstorm specific ways of peacemaking in our world today.</li> <li>5. Give examples of discrimination and explain how they are in opposition to justice.</li> <li>6. Be aware of the moral issues raised by materialism and consumerism.</li> </ol>		
Suggested Activities	Assessment	Resources

## Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education

Strand: Morality and the Christian Life

Grade Range: 7

Section/Heading: 7C.5

Diocesan Standard	Benchmark Statement	
Morality and the Christian Life	Demonstrate a deep appreciation of and respect for God's gift of life.	
Performance Indicators		
<ol style="list-style-type: none"> <li>1. Realize that love of self includes respect for and care of the human body.</li> <li>2. Talk about ways that people disrespect one another and the effects of these actions.</li> <li>3. Name and talk about ways that the dignity of life is violated in our culture today.</li> <li>4. Explore the moral implications of Catholic teachings on the sacredness of human life from womb to tomb.</li> </ol>		
Suggested Activities	Assessment	Resources

## Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education  
 Grade Range: 7  
 Section/Heading: 7D.1

Strand: Scripture/Revelation

Diocesan Standard	Benchmark Statement	
Scripture/Revelation	Become familiar with how to use and understand the Bible.	
Performance Indicators		
1. Describe various literary forms that are presented in the Bible. 2. Relate how Scripture developed from oral traditions over hundreds of years. 3. Understand why interpretation of the inspired Word of God is necessary to understand Scripture correctly.		
Suggested Activities	Assessment	Resources

## Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education  
 Grade Range: 7  
 Section/Heading: 7D.2

Strand: Scripture/Revelation

Diocesan Standard	Benchmark Statement	
Scripture/Revelation	Understand and appreciate the Old Testament.	
Performance Indicators		
<ol style="list-style-type: none"> <li>1. Describe how the Law governed the daily lives of the Hebrews.</li> <li>2. Know the role of the Hebrew prophets in calling people back to covenant faithfulness.</li> <li>3. Understand how and why the temple was central to Jewish life and worship in Old Testament times.</li> <li>4. Explore the creation stories as a revelation of who God is.</li> <li>5. Explore some of the many images for God in the Old Testament.</li> </ol>		
Suggested Activities	Assessment	Resources

## Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education  
 Grade Range: 7  
 Section/Heading: 7D.3

Strand: Scripture/Revelation

Diocesan Standard	Benchmark Statement	
Scripture/Revelation	Understand and appreciate the New Testament.	
Performance Indicators		
<ol style="list-style-type: none"> <li>1. Articulate the three major stages in the formation of the Gospels.</li> <li>2. Talk about the importance of the temple at the time of Christ.</li> <li>3. Describe how the New Testament is a continuation and fulfillment of the Old Testament or Hebrew Scriptures.</li> <li>4. Name some distinguishing characteristics and various themes of each of the four Gospels.</li> <li>5. Understand the core themes in Paul’s theology.</li> <li>6. Express what Paul means by saying salvation or justification is totally gift from God.</li> <li>7. Talk about the Council of Jerusalem in 49 A.D. and the important decision made at this council.</li> </ol>		
Suggested Activities	Assessment	Resources

## Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education  
 Grade Range: 7  
 Section/Heading: 7D.4

Strand: Scripture/Revelation

Diocesan Standard	Benchmark Statement	
Scripture/Revelation	Know the story of Jesus, his ministry and teaching, as told in the four Gospels.	
Performance Indicators		
<ol style="list-style-type: none"> <li>1. Understand how Jesus is the Messiah, the Son of God and our Redeemer.</li> <li>2. Describe Jesus' message of the Good News.</li> <li>3. Explain the parables of Jesus as stories that challenge our comfortable and accustomed ways of thinking.</li> <li>4. Describe what the Gospels tell us about the Kingdom of God.</li> <li>5. Describe the many ways Jesus calls believers to conversion, through his parables, his miracles and his life.</li> <li>6. Summarize the teachings of Jesus' Sermon on the Mount.</li> </ol>		
Suggested Activities	Assessment	Resources

## Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education  
 Grade Range: 7  
 Section/Heading: 7E.1

Strand: Doctrine/Tradition

Diocesan Standard	Benchmark Statement
Doctrine/Tradition	Understand the foundations of Catholic faith and doctrine.

Performance Indicators		
1. Discuss Jesus as the fullest revelation of God. 2. Compare the definition of faith and religion. 3. Give examples of how God is revealed to us through the Traditions of the Church. 4. Explain creation of the world as a revelation of God. 5. Explore the many ways that nature and the universe are a revelation of God.		
Suggested Activities	Assessment	Resources

## Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education  
 Grade Range: 7  
 Section/Heading: 7E.2

Strand: Doctrine/Tradition

Diocesan Standard	Benchmark Statement
Doctrine/Tradition	Articulate Catholic teachings on Trinity and the nature and work of the three persons in one God.

Performance Indicators		
<ol style="list-style-type: none"> <li>1. Understand Jesus as the real presence of God on earth, manifested in human flesh.</li> <li>2. Discuss how Jesus is model of what it means to be human, a model of holiness, goodness, compassion and forgiveness.</li> <li>3. Describe the meaning and importance of Incarnation, God becoming human.</li> <li>4. Show how Trinity can help us understand God as a God of relationship.</li> <li>5. Describe the nature and work of the Spirit.</li> <li>6. Talk about how the Holy Spirit teaches us how to pray.</li> <li>7. Talk about the meaning of Paschal Mystery as Jesus dying, rising and sending the Holy Spirit to empower God’s people.</li> <li>8. Describe how believers are called to die and rise with Jesus in the power of the Spirit.</li> </ol>		
Suggested Activities	Assessment	Resources

## Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education  
 Grade Range: 7  
 Section/Heading: 7E.3

Strand: Doctrine/Tradition

Diocesan Standard	Benchmark Statement
Doctrine/Tradition	Become aware of basic Catholic beliefs about Mary and the Saints.

Performance Indicators		
1. Describe what Scripture tells us about Mary. 2. Show with examples from Scripture how Mary is a model for the Christian life. 3. Understand how Mary is an advocate for the poor especially as described in the Magnificat. 4. Explain how we honor the saints and ask them to pray for us.		
Suggested Activities	Assessment	Resources

## Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education  
 Grade Range: 7  
 Section/Heading: 7E.4

Strand: Doctrine /Tradition

Diocesan Standard	Benchmark Statement
Doctrine/Tradition	Know the Catholic Church’s teaching on Salvation and the afterlife.

Performance Indicators		
1. Describe what is meant by the particular judgment. 2. Be aware that God desires all people to be saved. 3. Talk about Catholic belief about the end of the world. 4. Emphasize how good works do not earn salvation but flow out our responses to the gift of salvation. 5. Describe Catholic teaching on the Book of Revelations.		
Suggested Activities	Assessment	Resources

## Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education  
 Grade Range: 7  
 Section/Heading: 7F.1

Strand: Family Life/Human Sexuality

Diocesan Standard	Benchmark Statement
Family Life/Human Sexuality	Understand Catholic values and teaching regarding human sexuality.

Performance Indicators		
<ol style="list-style-type: none"> <li>1. Know that the purpose of sexual activity is twofold: shared love between married persons and the creation of new life.</li> <li>2. Understand why marriage is the proper place for sexual intercourse.</li> <li>3. Know that trust and faithfulness are necessary and core to building relationships and intimacy with another person.</li> <li>4. Believe that sexuality is a deeply rooted and important part of each person’s identity.</li> <li>5. Discover ways that male and female are uniquely complementary/supportive to one another.</li> <li>6. Realize that intimacy grows through freely sharing thoughts and feelings with one another.</li> <li>7. Understand the destructive power of pornography.</li> <li>8. Describe how the virtue of chastity enables us to use the gift of sexuality properly.</li> </ol>		
Suggested Activities	Assessment	Resources

## Diocese of Jefferson City Curriculum Guide

Content Area Religious Education  
 Grade Range: 7  
 Section/Heading: 7F.2

Strand: Family Life/Human Sexuality

Strand	Benchmark Statement
Family Life/Human Sexuality	Describe the nature and role of family in Christian living and the life of the Church.

Performance Indicators
<ol style="list-style-type: none"> <li>1. Identify tensions and benefits of belonging to a family.</li> <li>2. Explore the rights and responsibilities of belonging to family.</li> <li>3. Identify the need for loyalty and support among family members.</li> </ol>

Activities	Assessment	Resources

## Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education  
 Grade Range: 7  
 Section/Heading: 7G.1

Strand: Church/Church History

Strand	Benchmark Statement
Church/Church History	Demonstrate a basic understanding of the Catholic Church, its meaning, identity and mission.

Performance Indicators		
<ol style="list-style-type: none"> <li>1. Explain that all members of the Church are called by Baptism to proclaim the good news and witness to the Kingdom of God among all nations and cultures.</li> <li>2. Explain how the Church is the sacrament of Christ in the world.</li> <li>3. Describe how the Church is a faith community.</li> <li>4. Discuss how the Church is called to continual reform and renewal.</li> <li>5. Describe how the faith community is important in the spiritual formation of its members.</li> <li>6. Recognize the faith community as a way of coming to know God.</li> <li>7. Compare differences and similarities between the Roman Catholic Church and other Christian churches.</li> </ol>		
Suggested Activities	Assessment	Resources

## Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education  
 Grade Range: 7  
 Section/Heading: 7G.2

Strand: Church/Church History

Diocesan Standard	Benchmark Statement
Church/Church History	Become aware of important people and events in the history of the Catholic Church.

Performance Indicators
<ol style="list-style-type: none"> <li>1. Relate some of the important people and events in the early Church as described in the Acts of the Apostles.</li> <li>2. Tell the story of the Reformation and how it influenced the Church.</li> <li>3. Talk about the importance of Church Councils in the history of the Church.</li> <li>4. Trace how the Church evolved through history.</li> <li>5. Create a list of key people and their effect on the Church throughout history.</li> </ol>

Suggested Activities	Assessment	Resources