

Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education
 Grade Range: 5
 Section/Heading: 5A.1

Strand: Prayer and Spirituality

Diocesan Standard	Benchmark Statement
Prayer and Spirituality	Develop a positive, Catholic spirituality.

Performance Indicators		
<ol style="list-style-type: none"> 1. Know that the source of spirituality is our hunger for God. 2. Realize that Catholic spirituality begins with the discovery that all people are loved by God. 3. Understand that each person’s spirituality is their way of relating to God. 4. Know that God became one with all people when Jesus became human. 		
Suggested Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education
 Grade Range: 5
 Section/Heading: 5A.2

Strand: Prayer and Spirituality

Diocesan Standard	Benchmark Statement
Prayer and Spirituality	Understand the meaning and importance of prayer in the Christian life.

Performance Indicators
<ol style="list-style-type: none"> 1. Realize that without prayer faith becomes weak. 2. Define prayer as openness to and communication with God. 3. Understand praise, thanksgiving, petition, blessing and contrition as the forms of prayer. 4. Decide on a particular time and place for personal prayer.

Suggested Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education
 Grade Range: 5
 Section/Heading: 5A.3

Strand: Prayer and Spirituality

Diocesan Standard	Benchmark Statement
Prayer and Spirituality	Be familiar with Catholic tradition of Prayer.

Performance Indicators		
<ol style="list-style-type: none"> 1. Recite the Memorare. 2. Explain why Catholics say the Angelus. 3. Talk about the meaning of the Stations of the Cross. 4. Recall and explain the belief statements of Nicene Creed as the Church’s communal prayer of faith 		
Suggested Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education
 Grade Range: 5
 Section/Heading: 5B.1

Strand: Liturgy/Sacrament

Diocesan Standard	Benchmark Statement
Liturgy/Sacrament	Celebrate the sacraments with understanding and awareness.

Performance Indicators		
<ol style="list-style-type: none"> 1. Talk about rituals and symbols in everyday life. 2. Distinguish between sign, symbol and ritual and why they are important in human experience. 3. Identify and explain common symbols and rituals in Catholic worship. 4. Explain the word sacrament as that which reveals the loving, creative presence of God. 5. Explain how the Seven Sacraments are ritual celebrations of Christ's word and action continued in the Church. 		
Suggested Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education
 Grade Range: 5
 Section/Heading: 5B.2

Strand: Liturgy/Sacrament

Diocesan Standard	Benchmark Statement
Liturgy/Sacrament	Become more deeply aware of the meaning of the Eucharist.

Performance Indicators		
<ol style="list-style-type: none"> 1. Understand how and why the Mass is a celebration. 2. Describe rituals, rites and symbols of the Mass and come to a deeper understanding of why we do what we do. 3. Describe the roles of the various ministers in the celebration of Eucharist. 4. Learn ways to participate attentively and actively in liturgical celebrations. 		
Suggested Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education
 Grade Range: 5
 Section/Heading: 5B.3

Strand: Liturgy/Sacrament

Diocesan Standard	Benchmark Statement
Liturgy/Sacrament	Understand liturgy and the liturgical year as central to the Church’s life of worship.

Performance Indicators		
<ol style="list-style-type: none"> 1. Recognize that liturgy is the Church’s life of worship and public prayer. 2. Give an overview of the liturgical year describing its seasons and celebrations. 3. Use an outline to plan a Mass. 4. Understand the parts of a liturgical prayer service. 		

Suggested Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education
 Grade Range: 5
 Section/Heading: 5B.4

Strand: Liturgy/Sacrament

Strand	Benchmark Statement	
Liturgy/Sacrament	Deepen awareness and understanding of the sacraments as central to Catholic spirituality and community life.	
Performance Indicators		
<ol style="list-style-type: none"> 1. Describe Baptism, Confirmation and Eucharist as Sacraments of Initiation and belonging in the Catholic Community. 2. Realize that every Christian by virtue of Baptism is called to a discipleship of service to God’s people. 3. Explain the relationship and order of the Sacraments of Initiation. 4. Explain how Baptism gives us new life in Christ, cleanses our sin and joins us to the Christian community. 5. Describe the rituals, symbols and prayers of the Sacrament of Reconciliation. 6. Describe the rituals and symbols of the Sacrament of Anointing of the sick. 7. Talk about how Reconciliation celebrates God’s forgiveness and reunites us with the Christian community. 8. Describe vocation as a call to live in response to God’s love. 		
Suggested Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education
 Grade Range: 5
 Section/Heading: 5C.1

Strand: Morality and the Christian Life

Diocesan Standard	Benchmark Statement
Morality and the Christian Life	Understand the nature and scope of Catholic morality.

Performance Indicators		
<ol style="list-style-type: none"> 1. Know that all morality begins with the realization of the innate dignity of each human being. 2. Know that all people are called by God to a life of holiness. 3. Describe sin as turning away from God and others. 4. Understand that our sense of morality springs from our relationship with God, ourselves and others. 5. Demonstrate an awareness of the needs of others and how to respond to these needs. 6. Understand the importance of showing forgiveness to others and asking for forgiveness of others. 7. Recognize that God has given humans the freedom to choose between good and evil. 8. Talk about how our decisions always have consequences. 		
Suggested Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education
 Grade Range: 5
 Section/Heading: 5C.2

Strand: Morality and the Christian Life

Diocesan Standard	Benchmark Statement
Morality and the Christian Life	Understand that Scripture is the basis for Catholic morality.

Performance Indicators		
1. Understand that Old Testament morality is rooted in a covenant relationship with God. 2. Know how the Israelites experienced the faithful love of God through the covenant. 3. Know and understand the Ten Commandments as Israel’s response to the covenant and the foundation of the Church’s moral teachings. 4. Recount several of Jesus’ parables and explain what they tell us about Christian discipleship. 5. Give examples from Jesus’ life which illustrate how he ministered to the sick, poor and outcasts.		
Suggested Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education
 Grade Range: 5
 Section/Heading: 5C.3

Strand: Morality and the Christian Life

Diocesan Standard	Benchmark Statement
Morality and the Christian Life	Learn to make good moral decisions.

Performance Indicators		
<ol style="list-style-type: none"> 1. List some of the values found on television that are unchristian. 2. Talk about the steps of a moral decision making process. 3. Name someone who is a model of good behavior. 4. Describe how the Church helps us make good moral decisions. 5. Talk about how to correctly form our consciences. 		
Suggested Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education
 Grade Range: 5
 Section/Heading: 5C.4

Strand: Morality and the Christian Life

Diocesan Standard	Benchmark Statement
Morality and the Christian Life	Understand and apply the moral principles of love and social justice.

Performance Indicators		
<ol style="list-style-type: none"> 1. Examine how Christians are called to a deep appreciation and responsibility for creation. 2. Identify ways in which we destroy creation and abuse God’s the gifts. 3. Understand the meaning of justice. 4. Talk about some of the people in our culture who are “crying” for justice. 5. Describe how justice is rooted in the dignity of the human person as loved by God. 6. List basic human rights that are due each person by virtue of their dignity: food, shelter, health care, education and work. 7. Reflect upon the life story of someone who has taken a stand for justice. 		
Suggested Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education
 Grade Range: 5
 Section/Heading: 5C.5

Strand: Morality and the Christian Life

Diocesan Standard	Benchmark Statement	
Morality and the Christian Life	Demonstrate a deep appreciation of and respect for God’s gift of life.	
Performance Indicators		
1. Know that all people have dignity and worth. 2. Understand that the human body is a sacred gift from God.		
Suggested Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education
 Grade Range: 5
 Section/Heading: 5D.1

Strand: Scripture/Revelation

Diocesan Standard	Benchmark Statement
Scripture/Revelation	Become familiar with how to use and understand the Bible.

Performance Indicators		
<ol style="list-style-type: none"> 1. Understand Scripture as the inspired Word of God with both God and humans as authors. 2. Understand Scripture as the faith testimony of a people who experienced the presence of God in their lives. 3. Name some of the 46 books of the Old Testament and the 27 books of the New Testament. 4. Locate Scripture references by book, chapter and verse. 		
Suggested Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education
 Grade Range: 5
 Section/Heading: 5D.2

Strand: Scripture/Revelation

Diocesan Standard	Benchmark Statement
Scripture/Revelation	Understand and appreciate the Old Testament.

Performance Indicators		
<ol style="list-style-type: none"> 1. Name the first five books of the Bible and why they were called the Pentateuch, or Law. 2. Identify key men and women of the Old Testament and relate stories of how God worked through them. 3. Describe the Passover/Exodus experience as the central event of the Old Testament. 4. Tell how the Ten Commandments were a sign of the covenant between God and the Hebrew people. 		
Suggested Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education
 Grade Range: 5
 Section/Heading: 5D.3

Strand: Scripture/Revelation

Diocesan Standard	Benchmark Statement	
Scripture/Revelation	Understand and appreciate the New Testament.	
Performance Indicators		
<ol style="list-style-type: none"> 1. Talk about the role of the Roman Empire in Israel in the time of Christ. 2. Name some of the important cities and towns that appear in the New Testament. 3. Explain who the gentiles were. 4. Explain why the Gospels were written. 5. Talk about the various kinds of writings found in the 27 books of the New Testament. 6. Know about Paul as the great missionary and writer of most of the letters in the New Testament. 7. Describe Paul’s personal characteristics and key events in his life. 8. Name some of the letters Paul wrote. 		
Suggested Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education
 Grade Range: 5
 Section/Heading: 5D.4

Strand: Scripture/Revelation

Diocesan Standard	Benchmark Statement	
Scripture/Revelation	Know the story of Jesus, his ministry and teaching, as told in the four Gospels.	
Performance Indicators		
<ol style="list-style-type: none"> 1. Write a basic account of Jesus' life. 2. Explain what Jesus' life tells us about the love of God. 3. Describe the core teachings of Jesus. 4. Tell about Jesus' ministry of care and healing for the ill, poor and outcast. 5. Describe Jesus' approach to forgiveness and his attitudes towards sinners. 		
Suggested Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education
 Grade Range: 5
 Section/Heading: 5E.1

Strand: Doctrine/Tradition

Diocesan Standard	Benchmark Statement
Doctrine/Tradition	Understand the foundations of Catholic faith and doctrine.

Performance Indicators		
<ol style="list-style-type: none"> 1. Describe how grace is the free gift of God’s love in our lives. 2. Talk about ways that God’s grace is present in today’s world. 3. Discuss how God creates out of love and continues to love all of life. 4. Express how faith is a personal experience of and response to God’s love. 5. Explain faith as rooted in an ongoing relationship of trust and love of God. 6. Talk about how one might experience the presence of God in everyday life. 		
Suggested Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education
 Grade Range: 5
 Section/Heading: 5E.2

Strand: Doctrine/Tradition

Diocesan Standard	Benchmark Statement
Doctrine/Tradition	Articulate Catholic teachings on Trinity and the nature and work of the three persons in one God.

Performance Indicators		
<ol style="list-style-type: none"> 1. Understand Trinity as a foundational belief of the Christian faith. 2. Identify Trinity as three divine persons in one God – Father, Son and Spirit. 3. Compare the Trinity to the love relationship of a family. 4. Describe Jesus’ relationship with his Father, as one of intimacy and total surrender. 5. Talk about what it means to call God, Father. 6. Describe Catholic doctrine regarding Jesus as Son of God, truly human and truly divine. 7. Recognize Pentecost as the celebration of the presence of the Holy Spirit among God’s people. 		
Suggested Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education
 Grade Range: 5
 Section/Heading: 5E.3

Strand: Doctrine/Tradition

Diocesan Standard	Benchmark Statement
Doctrine/Tradition	Become aware of basic Catholic beliefs about Mary and the Saints.

Performance Indicators		
<ol style="list-style-type: none"> 1. Express how Catholic teaching presents Mary as Mother of God, ever Virgin. 2. Tell the story of Mary’s saying yes to God at the Annunciation. 3. Describe some of the devotions to Mary that are part of the Catholic Tradition. 4. Explain how we honor Mary and pray through her, but do not worship her. 5. Know and explain the Joyful, Sorrowful, Glorious mysteries, as well as the Mysteries of Light. 		
Suggested Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education
 Grade Range: 5
 Section/Heading: 5E.4

Strand: Doctrine /Tradition

Diocesan Standard	Benchmark Statement
Doctrine/Tradition	Know the Catholic Church’s teaching on Salvation and the afterlife.

Performance Indicators		
1. Explain the Catholic Church’s teaching on original sin. 2. Describe original sin and its effects on the human race. 3. Understand that God the Father sent Jesus as savior, to overcome the power of sin.		
Suggested Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education
 Grade Range: 5
 Section/Heading: 5F.1

Strand: Family Life/Human Sexuality

Diocesan Standard	Benchmark Statement
Family Life/Human Sexuality	Understand Catholic values and teaching regarding human sexuality.

Performance Indicators		
1. Know the changes that occur in the body as adolescence begins. 2. Understand that the teachings of the Church give guidance regarding human sexuality. 3. Realize that sexuality is a gift from God to be treasured, nurtured and respected. 4. Recognize sexuality as integral to the human person, central to our identity as men and women. 5. Realize that God made us male and female with differences to be respected and appreciated. 6. Explain that human sexuality is a gift of God and must be used as God intends. 7. Understand that sexual intercourse before marriage is wrong and why.		
Suggested Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area Religious Education
 Grade Range: 5
 Section/Heading: 5F.2

Strand: Family Life/Human Sexuality

Strand	Benchmark Statement
Family Life/Human Sexuality	Describe the nature and role of family in Christian living and the life of the Church.

Performance Indicators
<ol style="list-style-type: none"> 1. Identify love, communication and reconciliation as the core of family life. 2. Describe different types of families (i.e. extended, blended, etc.) 3. Identify the expression of feelings among family members as necessary and healthy. 4. Describe how family is a person’s first community where benefits, goals and values are developed and lived.

Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education
 Grade Range: 5
 Section/Heading: 5G.1

Strand: Church/Church History

Strand	Benchmark Statement
Church/Church History	Demonstrate a basic understanding of the Catholic Church, its meaning, identity and mission.

Performance Indicators		
<ol style="list-style-type: none"> 1. Describe the Church as the people of God who through Baptism are apprenticed to Jesus as disciples and called together by the Holy Spirit 2. Holy Spirit 3. Be aware that Christ founded the Catholic Church as our way of salvation. 4. Describe the roles of the pope and bishops, priests, deacons, religious and laity in the Church. 5. Describe how the Holy Spirit works in and through the Church. 6. Give examples of how the Church cares for those in need and works to build a better world. 7. Talk about the role of all Catholics in carrying out the mission of the Church. 8. Distinguish between Christian and non-Christian churches. 		
Suggested Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education
 Grade Range: 5
 Section/Heading: 5G.2

Strand: Church/Church History

Diocesan Standard	Benchmark Statement
Church/Church History	Become aware of important people and events in the history of the Catholic Church.

Performance Indicators
1. Talk about the Acts of the Apostles as the story of the early Church. 2. Recognize the roots of the Church in the many stories and symbols of the Old Testament.

Suggested Activities	Assessment	Resources