

Diocese of Jefferson City Curriculum Guide

Content Area Religious Education
 Grade Range: 1
 Section/Heading: 1A.1

Strand: Prayer and Spirituality

Strand	Benchmark Statement
Prayer & Spirituality	Develop a positive, Catholic spirituality.

Performance Indicators
<ol style="list-style-type: none"> 1. Give examples that show God’s love for all people. 2. Describe how God wants us to love Him. 3. Explain that God has created everyone with different gifts.

Suggested Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area Religious Education

Strand: Prayer and Spirituality

Grade Range: 1

Section/Heading: 1A.2

Strand	Benchmark Statement
Prayer and Spirituality	Understand the meaning and importance of prayer in the Christian life.

Performance Indicators

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| 1. Describe how prayer is listening to God.
2. Talk about how God listens to prayers.
3. Take a role in a prayer service. |
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Suggested Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area Religious Education
 Grade Range: 1
 Section/Heading: 1A.3

Strand: Prayer and Spirituality

Strand	Benchmark Statement
Prayer and Spirituality	Be familiar with the Catholic tradition of prayer.

Performance Indicators

1. Recite the Our Father, Hail Mary and Glory Be.
2. Pray the Morning Offering and Grace before Meals.
3. Participate in Mass reverently.

Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area Religious Education
 Grade Range: 1
 Section/Heading: 1B.1

Strand: Liturgy/Sacrament

Strand	Benchmark Statement
Liturgy/Sacrament	Celebrate the sacraments with understanding and awareness.

Performance Indicators
<ol style="list-style-type: none"> 1. Understand that Jesus gave the Church the sacraments. 2. Be aware that God’s love comes to us through the sacraments. 3. Tell why Catholics gather to worship God. 4. Explain that when people are baptized they become children of God and members of the Church. 5. Describe how water is used in Baptism.

	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area Religious Education
 Grade Range: 1
 Section/Heading: 1B.2

Strand: Liturgy/Sacrament

Strand	Benchmark Statement
Liturgy/Sacrament	Become more deeply aware of the meaning of the Eucharist.

Performance Indicators
<ol style="list-style-type: none"> 1. Tell that Jesus gave the Church the Eucharist. 2. Tell why Catholics gather to worship God through the Eucharist. 3. Explain that the Mass is a celebration. 4. Understand that in the Eucharist Jesus is present to us in a special way.

	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area Religious Education
 Grade Range: 1
 Section/Heading: 1B.3

Strand: Liturgy/Sacrament

Strand	Benchmark Statement
Liturgy/Sacrament	Understand liturgy and the liturgical year as central to the Church’s life of worship.

Performance Indicators

1. Recognize holydays as special Catholic celebrations.
2. Be aware of the variety of seasons of the liturgical year.
3. Be aware that the Mass is a liturgy.
4. Participate in a classroom liturgy.

	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area Religious Education
 Grade Range: 1
 Section/Heading: 1C.1

Strand: Morality and the Christian Life

Strand	Benchmark Statement
Morality and the Christian Life	Understand the nature and scope of Catholic morality.

Performance Indicators

1. Be aware of the Ten Commandments.
2. Recite Jesus' two great commandments.
3. Tell a story about how a saint can be a model for Christian living.
4. Know that prayer helps us obey God's commandments.

Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area Religious Education
 Grade Range: 1
 Section/Heading: 1C.2

Strand: Morality and the Christian Life

Strand	Benchmark Statement
Morality and the Christian Life	Understand that Scripture is the basis for Catholic morality.

Performance Indicators
1. Know the Golden Rule. 2. Understand that doing what Jesus wants us to do can be hard.

Suggested Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education
 Grade Range: 1
 Section/Heading: 1C.3

Strand: Morality and the Christian Life

Diocesan Standard	Benchmark Statement
Morality and the Christian Life	Learn to make good moral decisions.

Performance Indicators
1. Describe what is meant when we say that God allows us to make choices. 2. Understand that people are responsible for their actions. 3. Describe how people have to learn self-control when making choices.

Suggested Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area Religious Education
 Grade Range: 1
 Section/Heading: 1C.4

Strand: Morality and the Christian Life

Strand	Benchmark Statement
Morality and the Christian Life	Understand and apply the moral principles of love and social justice.

Performance Indicators		
1. Talk about how every person is valuable in the eyes of God. 2. Describe how to show love for God and neighbor. 3. Give examples of how God wants us to care for creation. 4. Show how we care for others by sharing what we have with them. 5. Take part in a service project. 6. Talk about what the gift of creation reveals to us about God.		
Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education
 Grade Range: 1
 Section/Heading: 1C.5

Strand: Morality and the Christian Life

Diocesan Standard	Benchmark Statement
Morality and the Christian Life	Demonstrate a deep appreciation of and respect for God’s gift of life.

Performance Indicators
1. Tell that humans are God’s greatest creation. 2. Know that people can respect and care for the gift of life.

Suggested Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area Religious Education
 Grade Range: 1
 Section/Heading: 1D.1

Strand: Scripture/Revelation

Strand	Benchmark Statement
Scripture/Revelation	Become familiar with how to use and understand the Bible.

Performance Indicators
1. Show respect for the Bible as God’s Word. 2. Recognize that the Bible is a book of stories about God’s people.

Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area Religious Education
 Grade Range: 1
 Section/Heading: 1D.2

Strand: Scripture/Revelation

Strand	Benchmark Statement
Scripture/Revelation	Understand and appreciate the Old Testament.

Performance Indicators
1. Explain how Bible stories show God’s love. 2. Name a favorite Bible story from the Old Testament.

Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area Religious Education
 Grade Range: 1
 Section/Heading: 1D.3

Strand: Scripture/Revelation

Strand	Benchmark Statement
Scripture/Revelation	Understand and appreciate the New Testament.

Performance Indicators
<ol style="list-style-type: none"> 1. Retell a favorite Bible story from the New Testament. 2. Identify one of Jesus' miracles

Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education
 Grade Range: 1
 Section/Heading: 1D.4

Strand: Scripture/Revelation

Diocesan Standard	Benchmark Statement	
Scripture/Revelation	Know the story of Jesus, his ministry and teaching, as told in the four Gospels.	
Performance Indicators		
1. Know that Jesus cared for the poor and sick. 2. Talk about how Jesus was born in a stable.		
Suggested Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education
 Grade Range: 1
 Section/Heading: 1E.1

Strand: Doctrine/Tradition

Diocesan Standard	Benchmark Statement
Doctrine/Tradition	Understand the foundations of Catholic faith and doctrine.

Performance Indicators		
1. Explain how grace is the gift of God’s life and love. 2. Talk about how grace helps us do the right thing. 3. Describe how God loves us and wants to give everything to us. 4. Be aware how we experience God in nature.		
Suggested Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area Religious Education
 Grade Range: 1
 Section/Heading: 1E.2

Strand: Doctrine/Tradition

Strand	Benchmark Statement
Doctrine/Tradition	Articulate Catholic teachings on Trinity and the nature and work of the three persons in one God.

Performance Indicators		
1. Tell that God created all things out of nothing. 2. Tell a story about how God loves us. 3. Describe creation as God’s gift. 4. Tell that Jesus is God’s Son. 5. Explain that Jesus came to tell us about God’s love for us. 6. Tell how the Holy Spirit helps us. 7. Name a symbol for the Holy Spirit.		
Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area Religious Education
 Grade Range: 1
 Section/Heading: 1E.3

Strand: Doctrine/Tradition

Strand	Benchmark Statement
Doctrine/Tradition	Become aware of basic Catholic beliefs about Mary and the Saints.

Performance Indicators		
1. Talk about the life of a saint. 2. Tell the story of Mary becoming the Mother of Jesus. 3. Tell how saints are the models of virtue.		
Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area Religious Education
 Grade Range: 1
 Section/Heading: 1E.4

Strand: Doctrine/Tradition

Strand	Benchmark Statement	
Doctrine/Tradition	Know the Catholic Church’s teaching on salvation and the afterlife.	
Performance Indicators		
1. Know that angels are God’s messengers. 2. Know that God made us to be happy with Him in heaven.		
Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area Religious Education
 Grade Range: 1
 Section/Heading: 1F.1

Strand: Family Life/Human Sexuality

Strand	Benchmark Statement
Family Life/Human Sexuality	Understand Catholic values and teaching regarding human sexuality.

Performance Indicators
<ol style="list-style-type: none"> 1. Be aware that God is faithful to His promises. 2. Understand that our bodies change and grow during childhood. 3. Explain that God created humans male and female. 4. Explain that people are more than their physical appearance.

Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area Religious Education
 Grade Range: 1
 Section/Heading: 1F.2

Strand: Family Life/Human Sexuality

Strand	Benchmark Statement
Family Life/Human Sexuality	Describe the nature and role of family in Christian living and the life of the Church.

Performance Indicators
<ol style="list-style-type: none"> 1. Describe how all people are part of the family of God. 2. Explain that when families share love, it helps each member to grow.

Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education
 Grade Range: 1
 Section/Heading: 1G.1

Strand: Church/Church History

Strand	Benchmark Statement
Church/Church History	Demonstrate a basic understanding of the Catholic Church, its meaning, identity and mission.

Performance Indicators
<ol style="list-style-type: none"> 1. Understand that through Baptism we become members of the Church 2. Understand that the parish is part of a diocese. 3. Know the name of the bishop of the diocese. 4. Name the present pope.

Suggested Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education
 Grade Range: 1
 Section/Heading: 1G.2

Strand: Church/Church History

Strand	Benchmark Statement
Church/Church History	Become aware of important people and events in the history of the Catholic Church.

Performance Indicators

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| <ol style="list-style-type: none"> 1. Talk about how Jesus named St. Peter the first pope. 2. Explain that Jesus started the Church. |
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Suggested Activities	Assessment	Resources